



NO DINNER!

Resources you will need: bags with supermarket logos; pizza picture, playdough or plasticine, pictures or real objects for what is in the fridge that you use on the pizza

Gestures, signs and actions: NO, FOOD SHOP, INTERNET, PIZZA

Sounds to make: huh? Ohh (disappointment, click teeth) yum,

Feelings in the story: frustration, enjoyment, ill

Make it your own: Change what you had for dinner and where you went to find it

Next chapter: successful online shopping, more home cooking

... indicates where the child can most easily join in

Note: We are aware that at the time of writing this story based on the Hoppy's real experience, there are families for whom no dinner is a horrible reality. If you have enjoyed this story, and if it is within your means, you might like to donate to <https://www.trusselltrust.org/>, put something in our honour into a food bank collection. or just remember these folk in your thoughts and prayers.



SENSORY STORIES FOR SURVIVING LOCKDOWN

No dinner!

| No Dinner! | <i>Sounds, words and vocalisations</i> | <i>Gestures, signs and body movements</i> | <i>A sound or word recorded on a big Mack</i> | <i>Showing a photo, either on a card or an iphone</i> | <i>Showing an object</i> |
|---|--|---|---|---|----------------------------------|
| <p>Every week we do our shopping online We go on the computer And we look to see which shops can help</p> | | <p>Gesture for typing online Sign INTERNET SHOP</p> | | <p>computer</p> | |
| <p>Mrs Hoppy looked in thefridge Oh dear Empty Just baked beans and veg</p> | <p>Fridge Oh dear</p> | <p>Open fridge door</p> | <p>Oh dear</p> | <p>empty fridge,</p> | <p>Baked bean tin, a few veg</p> |
| <p>Time to do theshopping Mrs Hoppy went on the computer She looked and looked and looked</p> | <p>shopping</p> | <p>Gesture for typing online Sign INTERNET LOOK</p> | <p>shopping</p> | <p>computer</p> | |
| <p>She looked atSainsburys Nope</p> | <p>no</p> | <p>NO</p> | | | <p>Bag with logo</p> |



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| | | | | | |
|--|-------|--------------------------------|-------|-------|----------------|
| Nothing from Sainsburys | | | | | |
| Repeat this with at least 2 other supermarkets | no | NO | | | Bags with logo |
| Oh no, they were so hungry! | Oh no | HUNGRY | Oh no | | |
| But then she thought.. I know! There's a pizza van! We can go and get apizza! | pizza | PIZZA | pizza | pizza | |
| They looked at the menu Mrs Hoppy said "I'll have a meat feast! Mr Hoppy said "I'll have a marguerite" (substitute variety of pizza known to the child) Yummmm | pizza | PIZZA | pizza | pizza | |
| Off they went Walking down the road To find the pizza van | van | Walking movement | | | |
| Yummm yum cant wait for our... pizzas Here's the van | pizza | PIZZA | pizza | van | |
| Some people were waiting Mr and Mrs Hoppy waited in the line | wait | Show distance with hands apart | | | |



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| | | | | | |
|---|--|---|-------|--|--------------------|
| They stood back to keep safe | | SAFE | | | |
| Then it was their turn | | | | | |
| But just as they got there, the pizza man put up a sign.. | | | | | |
| Sold out No more pizzas Oh no.... | Oh no vocalisation for feeling (/whaaat/bo ohoo/NO!YE S! etc) | NO MORE Exaggerate facial expression disappointm ent | Oh no | Sign saying "sold out" | |
| Mr Hoppy said – I know We'll make pizzas at | home | HOME | | | |
| So they went home | home | HOME | | | |
| They got the flour and water and yeast and made the dough for the....pizza | pizza | PIZZA | | | Playdough pizza |
| And they rolled it out And on the top they put...(encourage child to put pictures of the relevant items on top of the playdough pizza base) Baked beans Onions | Baked beans Tomatoes cheese | | | Pictures of what goes on the top | Playdough pizza |



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| | | | | | |
|--|-----|-----------|-----|--|--|
| Tomatoes And a tiny bit of cheese | | | | | |
| They ate the pizzas all up And they were yummy... | yum | Rub tummy | yum | | |